



Taking it to the Next Level

CONTINUING TO BUILD OF YOUR
GROWTH

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CONGRATULATIONS

*You've made it through the program
and I want you to take a minute and
acknowledge that*

Too often we forget to stop and celebrate ourselves along the way, and recognize how far we've come.

Continuing to succeed on this journey is going to come down to a few key factors:

1. Your ability to stay consistent
2. Celebrating your journey and practicing gratitude
3. Recognizing that the growth journey is never finished

Utilize this guide each month as you continue to build your business so that you can come back and check on:

Your Feminine energy (the intuitive guidance + mindset work)
and your Masculine energy (the strategy and hustle side of you)

Staying consistent in your business is a muscle that you strengthen, some of us have to work harder on this than others. The most important thing to note is: you can create consistency. And when you are clear on your goals and the vision you have for yourself, that's when the consistency + showing up for your business daily starts to become second nature.

When you want something bad enough, you'll figure out a way. If not, you'll find an excuse.



TUNE INTO THE FEMININE ENERGY

What feels good right now in my business?

What excites me?

What would be really fun to focus on?

Who is my ideal client and what do I feel they need to hear from me right now?



TUNE INTO THE MASCULINE ENERGY

What approach or strategy feels best to execute this month?

How can I get in front of my ideal client and add value?

Where is my ideal client hanging out on social media?

How can I utilize that platform in a way that feels good but also makes it easy for them to engage with me?



STAYING COMMITTED

How can I create a space that feels exciting and inspiring to work in?

How will I prioritize my business daily?

How will I infuse fun into my business daily?

What am I doing right now to stay committed to my mindset?



STAYING COMMITTED

What does the future have in store for your business?

What are the next steps for you?

What is your vision for the next year in business?

Who do you want to become over the next year?



STAYING COMMITTED

What would feel fun and exciting to do in your business over the next year?

What do you want your lifestyle to look like over the next year?

What do you want your income to look like over the next year?

How will you prioritize support and surrounding yourself with others on the same journey?

TIPS FOR CONSISTENCY

As I said before, consistency is like strengthening a muscle, it's something you will need to continue working on as you grow your business.

My top tips for staying consistent on your journey are:

1. Create a weekly schedule for yourself: schedule in work + personal commitments, make a to do list of what you need to do for the week, and schedule in your business activities for the week
2. Work from an inspired place: if you're procrastinating or scrolling around on your phone, get out of the house, go to a coffee shop, put on your headphones and get to work
3. Keep your goals in front of you: the daily reminder of your goals will help you stay focused on what you want when you'd rather be off watching Netflix or you're feeling defeated
4. Think about where you will be in 1 year if you don't show up for your business at this next level: this will be uncomfortable to go through but, get real with yourself here.
5. When you feel your best you do your best work: how can you prioritize self care as you grow your business?